UbD

STAGE 1 - DESIRED RESULTS

Unit Title: Basketball

Established Goals (big ideas): - include BC curriculum citation

- Daily physical activity enables us to practice skillful movement and helps us develop personal fitness

BC New Curriculum. (2014). Physical and Health Education 5 | Building Student Success - BC's New Curriculum. Retrieved from https://curriculum.gov.bc.ca/curriculum/physical-health-education/5

Rationale Why are you doing this and why is it relevant to your students

PE is the favourite subject for many of the students in this class; basketball is very popular with the students as well. Within this unit, students will learn and build upon their basketball skills in dribbling, passing, and shooting. In addition to working on their basketball skills, students will also build life skills in this unit as they will need teamwork and leadership in some of the activities that we take part in.

Essential Question(s): (What drives the learning?)

What are the different ways to pass the basketball? What are the proper mechanics to shoot the ball effectively? How can I dribble the ball while running on the court? How can I become a better basketball player?

Students will be able to:

(competencies - include BC curriculum citation)

Physical Literacy

- Develop and apply a variety of fundamental movement skills in a variety of physical activities and environments
- Develop and apply a variety of movement concepts and strategies in different physical activities
- Develop and demonstrate safety, fair play, and leadership in physical activities

BC New Curriculum. (2014). Physical and Health Education 5 | Building Student Success - BC's New Curriculum. Retrieved from

https://curriculum.gov.bc.ca/curriculum/physical-healtheducation/5

Students will know;

(content- include BC curriculum citation)

Grade(s): 5

- Proper technique for fundamental movement skills, including non-locomotor, locomotor, and manipulative skills
- Movement concepts and strategies
- How to participate in different types of physical activities including individual and dual activities, rhythmic activities, and games

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https://curriculum.gov.bc.ca/curriculum/physical-healtheducation/5

STAGE 2 - ASSESSMENT EVIDENCE

Performance Tasks and/or culminating tasks:

- Dribbling (dominant & non-dominant hand) mirror activity
- Relay Races with Cones
- 3 Different ways of Passing with Two Hands (chest pass, bounce pass, overhead pass)
- Keep Away Game (passing, moving to open space, dribbling)
- Numbers Basketball

Other Evidence: formative and summative

Formative

Students will be formatively assessed through teacher observation on nearly all of the performance and culminating tasks. As we progress through this unit and move on to different activities, I will consistently be rotating around the gym and observing each student – providing assistance when needed.

Summative

Students will be assessed in a summative matter in this unit as well. This form of assessment will be used to determine which skills the students picked up on over this unit, and where they are at regarding mastery and competence of the content derived from this basketball unit plan. I will use summative assessment during our culminating activity – Numbers Basketball (which will allow me to see how each

student utilizes the skills that we worked on over this unit). The culminating task will be done during the last lesson of this unit plan, in which the students will play a <i>Numbers Basketball</i> . This is where I can formatively assess the students' ability in teamwork, cooperation, and leadership – and address any issues that I see. I believe that this is a
and address any issues that I see. I believe that this is a good opportunity for us to work on building class community.

STAGE 3 – LEARNING PLAN	
Learning intentions	Learning activities
Lesson 1	Lesson 1
- Students will be able to demonstrate proper dribbling technique - Students will be able to articulate the key cues for effective dribbling - Students will demonstrate a willingness to take part in dribbling activities	 Non-dominant/dominant Hand Dribbling – Mirror a partner Dribbling the ball in your space – find open space Follow the Leader while dribbling Team Relay Race - Dribbling
Lesson 2	Lesson 2
- Students will be able to demonstrate proper technique for the three different passes (chest, bounce, overhead) - Students will be able to articulate the key cutes for effective passing - Students will demonstrate a willingness to take part in dribbling activities	- Wall passes using the three different forms of passing - Partner passing - Keep Away (Only Passing) – 5 vs 5 (find open space) - Team Relay Race using three different types of passing
Lesson 3	Lesson 3
Students will be able to demonstrate proper technique for shooting Students will be able to articulate the key cues for effective shooting Students will demonstrate a willingness to take part in shooting activities	- Shooting the ball into the air, working on proper mechanics and putting backspin on the ball – allowing the ball to bounce and come back to the shooter - Free Shoot – working on shooting mechanics at basketball hoops - Team Relay Race – shooting a successful basket
Lesson 4	Lesson 4
- Students will be able to demonstrate their learning from this unit through game play - Students will use teamwork, cooperation, and leadership in this game play	- Numbers Basketball

Reflection:

Resources

Equipment from gymnasium storage room.